

Seniors *at Home* Guide



Summer is here and with the season comes the heat, vacation plans, visits with friends and family, backyard barbeques, swimming and relaxation, as well as America's birthday once again on the 4th of July! An exciting addition is the reopening of the Danville Senior Center! We will begin with the return of some of our clubs and Buzz Sessions in the month of July, and the return of most of our in-person programming by September.

Please note this issue of Seniors at Home Guide will be our last one as we continue to move forward with in-person programming. We will keep you informed of upcoming events and information as it pertains to the Town of Danville and the Senior Center specifically. We will no longer be publishing the Silver Streak Newsletter as a separate guide for Adult and Senior Programming. Our activities are now combined with the Activity Guide and will be listed in the back of the Guide under Adult/Senior Programs. The Activity Guide will arrive to the Post Office on July 30 so some residents may get their copy on July 31. Go to www.danville.ca.gov/activityguide to view the guide in its entirety. To view programs, go to www.danville.ca.gov/recguide.

The Senior Center hours will be Monday-Thursday from 8:00 am - 5:00 pm for front counter assistance and Fridays from 8:00 am - 1:00 pm.

Senior Lunch Program

Our Costa Café (Meals on Wheels Senior Lunch Program) will be moving indoors again as of September 2021. We will continue to offer curbside pickup at this time until September, when the lunch operation will resume indoors on Fridays between the hours of 12:00pm-1:00pm.

Opening For Business! Persons Entering Town Facilities, Covid Protocols

Signage will be posted at all Town facilities indicating that persons entering Town facilities to conduct business may do so without face coverings if self-attesting that they are fully vaccinated. Unvaccinated individuals are still required to wear face coverings. Disposable face masks and hand sanitizer will be provided on a side table for anyone entering the building. Where possible and practical, scheduling and conducting business by appointment is recommended in order to minimize the number of persons queuing in the reception area. Only Town employees, elected officials or appointees may enter employee work areas.

Looking for Volunteer Facilitators

The following clubs are looking for a volunteer to resume their meetings:

DASH (Danville Area Senior Hikes) Hiking Group

2nd & 4th Weds. of the month

Writing Club

Friday mornings, 9:00am – 11:00am

STEM Club (Science, Tech., Engineering & Math)

4th Tuesday of each month, 2:30pm-4:00pm

Contact Leah Martinez for more information

(925) 314-3431, lmartinez@danville.ca.gov.

COVID Vaccine Information

If you wish to receive a digital QR code copy of your vaccine record information, you may go to www.myvaccinerecord.cdph.ca.gov.

In-Person Buzz Sessions

Free. Please contact the Senior Center to register for these classes.

Preparing for Wildfire & Public Safety Power Shutoffs

July 20, 2021 - Time: 10:00am – 11:00am

Guest Speaker: Les Putnam, PG&E

Sponsored by: Town of Danville and PG&E

Join us as we learn best practices of how to prepare for Wildfire Season, power outages, during and after the lights go out. We will share resources available to our customers.

2021 Income & Estate Tax Survival Workshop

July 27, 2021 - Time: 10:00am – 11:00am

Guest Speaker: John Lau

Sponsored by: Lau Financial Services (LFS) Wealth Advisors

The 99.5% Act is causing many families to wonder how to best protect their wealth from the current tax proposals. Items to be presented during this Buzz Session include: 1. How would the current tax proposal impact your income tax and your estate tax, even if you do not currently have a taxable estate 2. Tax planning strategies for the year 2021 - The Golden Year for Planning 3. What you can do now to minimize tax on your estate 4. How can an IRA trust help minimize estate tax if you have a large IRA in your estate

Movie Selection

Let Them All Talk (2020) – Rated: R

Comedy/Drama - Hours: 1.53 – Rating: 6.1/10

Alice is convinced to attend an award ceremony in Great Britain. She does not fly, hence she is offered to cruise from NY to Southampton, alongside two old college friends and her nephew. The journey is a set for the four to talk and re-establish relationships and past differences, however, there is a fifth person in disguise. The finale reshuffles a set trajectory

Starring: Meryl Streep, Dianne Wiest, Gemma Chan



Recipe: Classic Bisquick Peach Cobbler

Prep: 10 mins. Cook: 1 hour 10 mins. Yields: 6.

Ingredients:

1 Cup Original Bisquick mix

1 Cup milk

½ teaspoon ground nutmeg

½ cup butter or margarine, melted

1 cup sugar

1 (29 ounce) can sliced peaches, drained

Directions:

Heat oven to 375 degrees F. Stir together Bisquick mix, milk, and nutmeg in ungreased square baking dish, 8x8x2 inches. Stir in butter until blended. Stir together sugar and peaches, spoon over batter. Bake 50 to 60 mins or until golden. Top with whipped cream or ice cream for an extra treat!

Book Selection

The Glass Hotel

by Emily St. John Mandel

The book opens with the disappearance of a woman from a container ship. It leads into a story focusing on the fallout from the collapse of a Ponzi scheme, mirroring the Bernie Madoff scandal from 2008. A work of literary fiction, this narrative looks at the corrupt financier's wife, employees and numerous investors in his fund. It's a story about greed, corruption, guilt and the ghosts that haunt us.